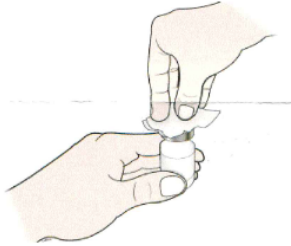


HOW TO INJECT INTRAMUSCULARLY



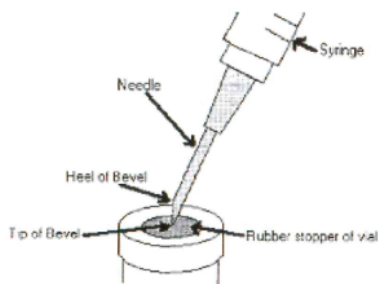
ROYAL
MEDICAL CENTER
Hormone Therapy

1. Clean the top of the vial with an alcohol swab.

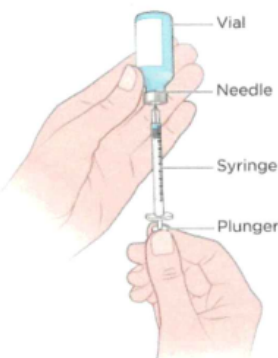


2. Remove the syringe from the packaging. Attach or tighten the provided needle.

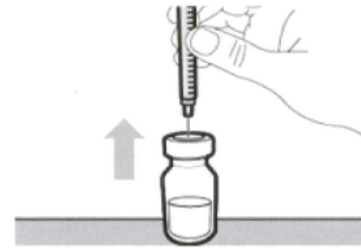
3. Slide the cover off the needle and insert the needle into the vial with the bevel facing upwards.



4. Flip the syringe and vial upside down and pull back on the syringe until you have drawn up your dose (Note: 1 ml = 100 units)



5. Flip the syringe and vial upside down and pull back on the syringe until you have drawn up your dose (Note: 1 ml = 100 units)



6. Tap the syringe to bring any air bubble to the top.



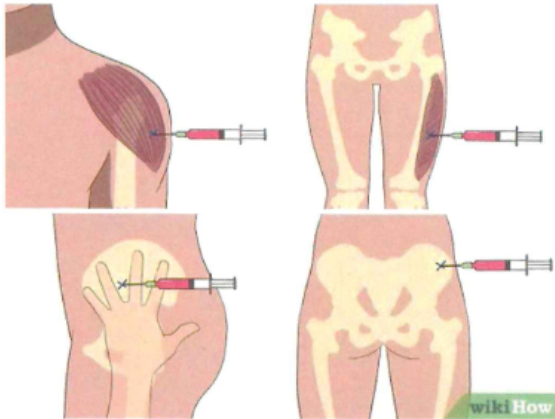
7. Push the plunger up to expel the air until you see a tiny drop of the medication come out.



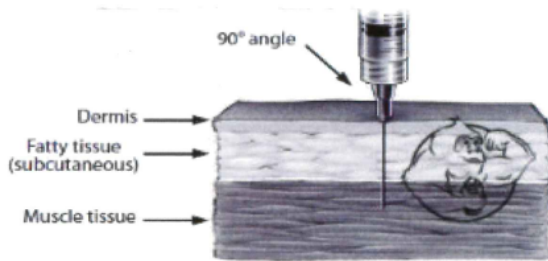
8. Locate your injection site.



9. Please note you cannot self-inject into the deltoid (upper arm) muscle.



10. Inject slowly at a 90-degree angle.
Injection should take 30-60 seconds.



11. Remove and dispose the needle properly in a sharps container.



14. Apply a band-aid to injection site.

15. Store the vial as indicated on the packaging.

If you have any questions,
please contact us at
844-965-0305.