

RECONSTITUTING YOUR MEDICATION

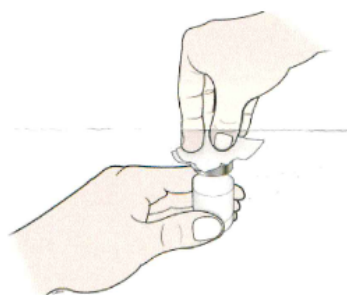


ROYAL
MEDICAL CENTER
Hormone Therapy

1. Uncap the lids from the vials containing the powdered medication and bacteriostatic water.



2. Clean the top of the bacteriostatic water vial and medication vial with an alcohol swab.

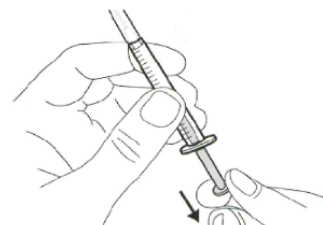


3. Remove the larger syringe from the packaging.

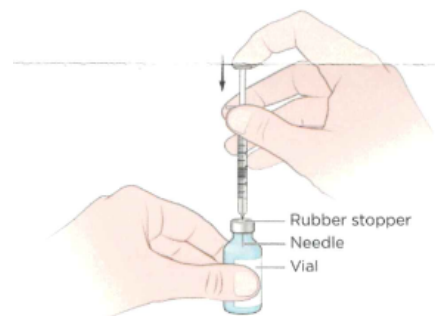
4. Take the same syringe and either attach the provided needle or tighten the attached needle to the syringe.



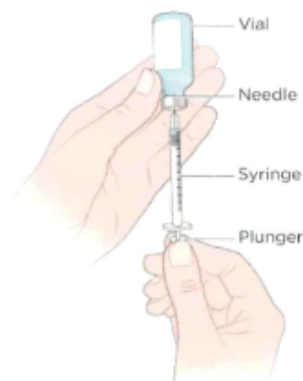
5. Fill the syringe halfway with air.



6. Insert the syringe into the vial with the bacteriostatic water, and push the air into the vial (You will see bubbles in the vial)

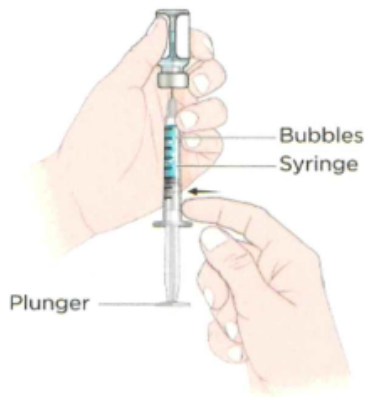


7. Holding the vial with one hand and the syringe with the other, invert the vial so that the vial is upside down while the syringe is below and the needle is pointing upwards into the vial.





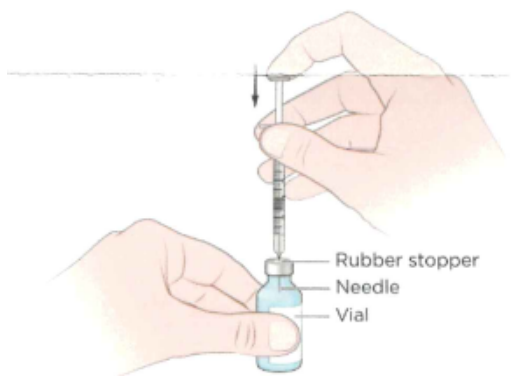
8. Begin pulling water into the syringe. Make sure the tip of the needle is submerged in the water.



9. Use the instructions on the prescription to determine the number of milliliters (ml) or (cc) to draw into the syringe (Example: Reconstitute with 5 ml bacteriostatic water) (Note: CC and ML are equal to one another).

10. Once you have drawn the correct amount of water in the syringe pull the needle out of the vial.

11. Insert the needle into the powder vial and push the full contents of the syringe into the powder vial.



12. Remove the needle from the vial and dispose of needle properly in sharps container



13. Rotate the vial gently to mix the solution until no particles remain and the solution is a uniform liquid. (Note: Some medications may take 10-15 minutes of continuous swirling to fully dissolve)



14. Store the vial in the refrigerator after mixing.